

女性公案：季總禪師之性別智教化

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提 要

明末清初的女性禪師季總行微（1606-1658 尚在），於南嶽受山茨通際禪師（1608-1645）教化而悟道，到了江南，萬如通微（1594-1657）付予臨濟法脈。自此在江南隨緣開示，也住持禪院弘法利生，教化時機鋒峻捷，句意玄新浩闊，引來時人大為讚歎。筆者將女性禪師的教化分為「禪教化」與「性別智教化」二個面向，而本文期望對季總的「性別智教化」有所探索與論述，亦即她對女性教化時的智慧與方式，與由此襯顯對男居士的特別教化。本文於提出問題、定義「性別智教化」、介紹生平之後，分為三個部分論述：一、自稱、他稱與大丈夫之稱呼。二、對女修行者的教化：（一）、大道本自現成，何分女相男形。（二）、善用女性公案。（三）、信取自己。（四）、機鋒、悟境的女性描寫。三、對男居士的教化：（一）、善用男居士公案人物。（二）、警戒文字知解之障。其中，女性公案的善用，實踐著臨濟公案參悟的禪法，也能破斥性別偏見，勘破女修行者卑於女劣、怯於悟道之想，打通女性心脈，確立女性自信，形成自信典範，導引女性悟道，具有適性、貼切於女性的特性，是季總性別智教化的主軸與最大特色。

關鍵字：季總、性別智、公案、女性禪師、佛教女性

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Female Zen Case: Zen Master Ji Xong's Gender Wisdom Enlightenment

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Abstract

The female Zen Master Ji Zong Shing Te of the late Ming and early Qing dynasty(1606-1658 ?) was taught and enlightened by Shan Chi Tong Gi Zen master at Nanyue. When she arrived at the south of Yangzi River, Wan Ru Tong Wei gave her Ling Gi Fa Mai. Then she went along with destiny in the south of Yangzi River. She lived in the Zen Temple to learn and live. When she was being taught she learnt fast and cleverly. The sentences she said were mysterious, new and vast and were highly complimented by everyone. Writers divided the enlightenment of female Zen Masters into “Zen enlightenment” and “Gender Wisdom Enlightenment”. This document is about the description and research of Ji Xong’s Gender Wisdom Enlightenment. This document also describes her knowledge and wisdom towards female enlightenment, which shows her special enlightenment towards males. This document is divided into three parts: 1. what she calls herself, and what she calls real men. 2. Enlightenment towards females. 3. Enlightenment towards males. The appropriate using of female Zen cases, with the practice of Ling Gi cases Zen meditation can get rid of sex discrimination. And can also break the conception of female Zen learners humble in female inferiority. Also allow females to break through, become confident and become role models. Enlightening females, and having an appropriate female characteristic is the main point and characteristics of Ji Xong’s Gender Wisdom Enlightenment.

Keywords: Ji Xong, Gender Wisdom, Zen case, Female Zen Master, Women in Buddhism

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